



Fluoride Varnish



Who can benefit from fluoride varnish?

- Young Children
- Adolescents
- Orthodontic patients
- Special needs children
- Public health programs

What is Fluoride Varnish

Fluoride Varnish is a topical fluoride that is professionally applied (painted on teeth with a small paintbrush) by a licensed healthcare professional such as dentists, dental hygienists, physicians, and nurses.



Benefits of fluoride varnish:

- Prolongs surface contact of fluoride to the tooth
- Fluoride applied every 6 months prevents cavities in baby and permanent teeth
- Safer for children by decreasing likeliness of swallowing fluoride
- Easy application and sets quickly- making it easier for young children
- Patient may eat and/or drink immediately after application



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*Information and research data taken from National Maternal and Child Oral Health Resource Center

<http://www.mchoralhealth.org/PDFs/FIVarnishfactsheet.pdf>